

**Elena Resnick MD**  
**New York Physicians, LLP**  
635 Madison Avenue  
New York, NY 10022  
212-857-4598

**Patient Name:** \_\_\_\_\_  
**Appointment Date and Time:** \_\_\_\_\_

**Doctor:** Dr. Elena Resnick  
**Office:** New York Physicians  
**Location:** 635 Madison Ave, (between 59<sup>th</sup> and 60<sup>th</sup> St), 7<sup>th</sup> Floor

**NOTE:** If you must cancel the appointment, please notify us at least 24 hours in advance (212-857-4661) or a missed visit fee may be charged.

**A QUESTIONNAIRE has been enclosed. Please fill it out and bring all forms to the visit.**

**Prior to your visit**, please make sure you have **stopped** taking antihistamine medications (ALSO FOUND IN MOST OVER THE COUNTER ALLERGY AND COLD REMEDIES) as follows:

- Benadryl, Diphenhydramine, Chlorpheniramine, Brompheniramine – 4 days prior to visit
- Atarax, Zyrtec, Xyzal, Claritin, Clarinex, Hydroxyzine, Allegra, Rynatan, Vistaril – 1 week prior to visit
- Doxepin, Periactin – 10 days prior to visit

Antibiotics, asthma medication, eye drops, and nose sprays may be continued as usual.

**IF YOU CANNOT DISCONTINUE THE MEDICATIONS OR INADVERTENTLY TOOK THEM, YOU SHOULD STILL KEEP YOUR APPOINTMENT.**

**On the day of your visit, please bring the following items:**

1. The completed patient questionnaire
2. Insurance card and completed forms, if necessary.
3. Completed HMO/PPO authorization/referral form(s)
4. Complete name, address and phone number of your referring physician.

**Nearby Parking Garages** are located on 59<sup>th</sup> St between 5<sup>th</sup> Ave and Madison Ave and 61<sup>st</sup> St between Park Ave and Madison Ave.

**WHAT WE DO:** We care for all types of allergic problems including asthma, allergic rhinitis (hayfever), atopic dermatitis (eczema), food allergy, drug allergy, hives, insect sting allergy, severe allergic reactions (anaphylaxis), immune system problems and many other allergic and immunologic disorders.

**WHAT TO EXPECT:**

During your initial visit, expect to meet with the physician to discuss your medical history and to have a physical examination. Allergy tests may be needed, as determined based on the history and physical examination findings. Any tests will be explained in detail before they are performed. Once the problem is diagnosed, treatment options can be discussed. Sometimes an evaluation may need to be continued on another visit in order to complete the diagnostic evaluation and/or to provide medications and detailed information about treatment. We offer comprehensive care that includes an emphasis on education about the treatments for each illness that we treat. You may meet with physicians and support staff, review written and videotaped instructions, and be referred for additional services that are appropriate to your care, if necessary.

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### ALLERGY AND IMMUNOLOGY NEW PATIENT QUESTIONNAIRE

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Reason for visit \_\_\_\_\_

Referring Provider \_\_\_\_\_

Address of referring provider \_\_\_\_\_  
\_\_\_\_\_

To whom should we send a report of your visit? \_\_\_\_\_

**Food Allergy History** \_\_\_\_\_ **N/A**

What foods are excluded from your diet?  
\_\_\_\_\_  
\_\_\_\_\_

Which of these foods, if any, are not strictly excluded (e.g. has small amounts of an ingredient)?  
\_\_\_\_\_  
\_\_\_\_\_

If you have had an allergic reaction after eating certain foods, please list

Food	Date of reaction	Amount of food	Type of exposure (ie. Ingestion, contact, injection)	Symptoms

Have you been skin tested for food allergy before? YES NO

If yes, what were the results? \_\_\_\_\_

When were you tested? \_\_\_\_\_

Who tested you? \_\_\_\_\_

Have you had blood tested for food allergy before? YES NO

If yes, what were the results? \_\_\_\_\_

When were you tested? \_\_\_\_\_

Who tested you? \_\_\_\_\_

**Please bring test results if possible.**

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Please list any foods that are avoided purely on the basis of previous testing or advice (there has never been a reaction or ingestion).

Do you have itching in the mouth after eating raw fruits or vegetables?  
 If yes, please list the fruits or vegetables \_\_\_\_\_

**Environmental Allergy History** \_\_\_\_\_ **N/A**

Do you have allergic symptoms during certain seasons? **YES NO**  
 If yes, which season and what type of symptoms?

Spring \_\_\_\_\_  
 Summer \_\_\_\_\_  
 Fall \_\_\_\_\_  
 Winter \_\_\_\_\_

Do you have allergic symptoms after exposure to animals? **YES NO**  
 If yes, what animal, what symptoms? \_\_\_\_\_

Do you have chronic allergic symptoms? **YES NO**  
 If yes, what symptoms? \_\_\_\_\_

Have you had skin or blood testing for environmental allergies before? **YES NO**  
 If yes, please summarize or, if possible, bring copies of results.

Have you had had a suspected allergic reaction to insect stings? **YES NO**  
 If yes, please specify \_\_\_\_\_

Have you received allergy shots before? **YES NO**  
 If yes, when and where? \_\_\_\_\_

**Asthma History** \_\_\_\_\_ **N/A**

Please circle how often these occur:

1. How often do you experience symptoms?	2 times a week or less	More than 2 times a week	Everyday	Several times a day
2. How often do you wake up at night?	2 times a month or less	3-4 times a month	More than once a week	Every night
3. How frequently do you use Albuterol and/or Xopenex?	2 days a week or less	More than 2 days a week	Everyday	Several times a day
4. Does the asthma cause any limitation with activity?	None	Minor	Some	Very limited
5. How many times per year do you have exacerbations?	0-1 times a year	2 times a year	3 times a year	More than 3 times a year

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How many times have you needed oral steroids (ie. Orapred, prednisone) in the past 12 months?  
\_\_\_\_\_

Have you ever been hospitalized for asthma? YES NO  
If yes, have you ever been in the intensive care unit (ICU?) YES NO

**Eczema/Atopic dermatitis** \_\_\_\_\_ **N/A**

What are the triggers for eczema flares? \_\_\_\_\_  
\_\_\_\_\_

How often do you bathe? \_\_\_\_\_  
How long is the bath/shower? \_\_\_\_\_  
What soap/cleaner do you use? \_\_\_\_\_  
What moisturizer do you use? \_\_\_\_\_

What medications (topical or oral) have been helpful? \_\_\_\_\_  
\_\_\_\_\_

What medications have not been helpful? \_\_\_\_\_  
\_\_\_\_\_

What have you used to control itching? \_\_\_\_\_  
\_\_\_\_\_

Has the skin ever been infected, requiring antibiotics? \_\_\_\_\_  
\_\_\_\_\_

**Drug Allergy History** \_\_\_\_\_ **N/A**

If you have had allergic reactions after taking certain medication, please list

Drug name	Date of reaction	Type of exposure (ie. Ingestion, injection)	Symptoms

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**Current Medications**

Please list all medications you are taking (include does and times):

<u>Name</u>	<u>Dose</u>	<u>Frequency</u>
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Reviewed and confirmed by Allergy and Immunology Attending Dr. \_\_\_\_\_

**History**

Please indicate which diagnoses have been made for you:

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Allergic conjunctivitis | <input type="checkbox"/> Allergic cough       | <input type="checkbox"/> Allergic rhinitis (hay fever)         |
| <input type="checkbox"/> Angiodema               | <input type="checkbox"/> Trouble with smell   | <input type="checkbox"/> Asthma                                |
| <input type="checkbox"/> Bronchiolitis           | <input type="checkbox"/> Bronchitis           | <input type="checkbox"/> Contact dermatitis                    |
| <input type="checkbox"/> Deviated septum         | <input type="checkbox"/> Drug allergy         | <input type="checkbox"/> Eczema                                |
| <input type="checkbox"/> Epitasis (nose bleeds)  | <input type="checkbox"/> Food allergy         | <input type="checkbox"/> Frequent upper respiratory infections |
| <input type="checkbox"/> Hearing problems        | <input type="checkbox"/> Hives                | <input type="checkbox"/> Immune deficiency                     |
| <input type="checkbox"/> Insect allergy          | <input type="checkbox"/> Nasal polyps         | <input type="checkbox"/> Ear infections                        |
| <input type="checkbox"/> Pneumonia               | <input type="checkbox"/> Recurrent infections | <input type="checkbox"/> Seborrhea (cradle cap)                |
| <input type="checkbox"/> Chronic sinusitis       | <input type="checkbox"/> Croup                |  |

Other Medical History \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

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Surgical history (circle if any)

Adenoidectomy \_\_\_\_\_ Tonsillectomy \_\_\_\_\_  
 Sinus surgery \_\_\_\_\_ Ear tubes \_\_\_\_\_  
 Other surgical history \_\_\_\_\_

Immunizations

Are your immunization up to date? YES NO  
 Has there been any adverse reaction to immunizations? YES NO  
 If yes, please explain \_\_\_\_\_

	Allergic rhinitis	Asthma	Cancer	Diabetes	Food Allergy	Heart	Immune deficiency	Lupus/other rheumatologic disease	Repeated Infections	Sinusitis	Thyroid	Other
Mother												
Father												
Sister												
Brother												
Other _____												

Reviewed and confirmed by Allergy and Immunology Attending Dr. \_\_\_\_\_

Social history

Occupation \_\_\_\_\_  
 Number of alcoholic beverages consumed per day \_\_\_\_\_ per week \_\_\_\_\_  
 Current Smoker? YES NO Number of packs smoked per day \_\_\_\_\_  
 Former Smoker? YES NO Quit Date \_\_\_\_\_

**Environmental history**

Home type \_\_\_\_\_  
 Basement \_\_\_\_\_ YES NO  
 Age of house \_\_\_\_\_  
 Years living there \_\_\_\_\_  
 Heating \_\_\_\_\_ YES NO  
 Air conditioning \_\_\_\_\_ YES NO  
 Bedroom flooring? carpet rug tile/hardwood/linoleum  
 Humidifier in bedroom? YES NO

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Is your mattress covered with a special impermeable enclosure? YES NO

Are the pillow(s) covered as well? YES NO

Pets YES NO

If yes, what type of pet \_\_\_\_\_

Is the pet a housepet? YES NO N/A

Does the pet sleep in your room? YES NO N/A

Pest infestation YES NO

If yes, mice rats cockroach termite

Tobacco smoke exposure in home? YES NO

Tobacco smoke exposure in family/friend home? YES NO

Which questions/concerns are the most important to be address?

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Thank you for your time in answering all the questions as completely as possible.  
Please bring the questionnaire with you to your appointment.

**Patient Information**

Name \_\_\_\_\_ SSN# \_\_\_\_\_ DOB \_\_\_\_\_ Sex \_\_\_\_\_

Local Address \_\_\_\_\_ City, State, Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Day Phone \_\_\_\_\_ Email Address \_\_\_\_\_

Marital Status \_\_\_\_\_ Smoker \_\_\_\_\_ Veteran \_\_\_\_\_ Primary care Provider \_\_\_\_\_

Primary Employer \_\_\_\_\_ Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_ Work Phone \_\_\_\_\_

Pharmacy Name and Phone \_\_\_\_\_

Responsible Party Information (if different from above)

Name \_\_\_\_\_ SSN# \_\_\_\_\_ DOB \_\_\_\_\_

Local Address \_\_\_\_\_ City, State, Zip \_\_\_\_\_

Day Phone \_\_\_\_\_ Relationship to patient \_\_\_\_\_

Primary Insurance

Name of Insurance \_\_\_\_\_ Policy # \_\_\_\_\_

Name of insured \_\_\_\_\_ Group # \_\_\_\_\_

Address of Insurance Company \_\_\_\_\_

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I authorize the release of any medical information to my insurer and / or HCFA & it agents to process my insurance Claims. I authorize payment of benefit directly to my physicians on my behalf. I agree that this authorization will cover all medical services rendered until such authorization is revoked by me. I agree that a photocopy of this form may be used in lieu of the original. I agree to pay all charges not covered or later to be determined to be ineligible by my insurance carrier(s). These charges include but are not limited to deductibles, coinsurance, and co-payment on my insurance policy. If the doctor is not participating with my insurance plan or I have not obtained the proper insurance referrals and authorizations, I am responsible to the full bill for all services rendered.





## Acknowledgement Form

### Notice of Privacy Practices

Effective April 14.2003

This Acknowledgement form is provided to you as required by The Privacy Rule and related Regulations under the Health Insurance Portability and Accountability Act of 1996 ("HIPPA")

You are asked to sign this form so that we can confirm that you have received it. Your signature only confirms that you have received this form. Your signature does not mean that you agree with any of the policies and procedures outlined herein.

You may refuse to sign this Acknowledgment Form, at which time our staff is required to document the date and time of your refusal, as well as your reason for not signing.

I acknowledge that I have received a copy of New York Physicians LLP Notice of Privacy Practices, as of the date indicated below.

Name of Patient \_\_\_\_\_

Signature of patient \_\_\_\_\_

Date signed \_\_\_\_\_

**New York Physicians, LLP**  
**635 Madison Avenue**  
**New York, NY 10022**

Signature on File

**Medicare**

I request that payment of authorized Medicare benefits be made either to me or on my behalf to New York Physicians, LLP for services furnished to me by the provider. I authorize and holder of medical information about me to release to the Health Care Financing Administration and its agents any information needed to determine these benefits payable for related services.

Patient Signature \_\_\_\_\_

Date \_\_\_\_\_

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**Commercial Insurance**

I authorize New York Physicians, LLP to act as my agent to help obtain payment from my insurance carrier(s) This includes my authorizations to release information to my insurance companies, use this form, or a copy of this form in place of the original, process all insurances submissions and for my insurance carrier to directly reimburse New York Physicians, LLP for services rendered.

I understand that although New York Physicians, LLP will help to process insurance claims, I am responsible for my bill.

Patient signature \_\_\_\_\_

Date \_\_\_\_\_

**New York Physicians, LLP  
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To Our Patients:

Medicare and all other insurance carriers have specific regulations regarding services they will cover and services they will not cover. These regulations vary between carriers and are subject to frequent change. Many of the policies exclude medical services, which we feel, are part of providing comprehensive, patient-oriented care. Medicare, for example, does not cover routine preventive care with few exceptions, and may not cover some laboratory testing, physician or other provider services, or other tests if determined to be preventive care, or "medically unnecessary", in Medicare judgment.

Partial summaries of services, which Medicare or other carriers determine, are "non-covered or medically unnecessary" is listed below:

**Preventive care (most services)**

Almost all-preventive care is non-covered, including your routine annual check-up, although and portion of the check-up devoted to treatment of active medical problems may be covered. In our experience almost every visit should have a component devoted to preventive counseling. Medicare does not cover any portion of a visit devoted to discussion of risk factor reduction or preventive counseling.

**Some Laboratory Testing**

Many tests can only be performed according to a specific schedule (for example, full cholesterol panels will only reimbursed every 4 months, PAP smears can only reimbursed every 3 years) any test falling outside guidelines these will not be reimbursed.

**Some Hospital Visit**

Hospital visits by more than one physician per day, or two visits by the same physician in a single day are rarely covered. This means that if your personal physician sees you in the emergency room or the intensive care unit, the visit may not be covered since a staff physician will also see you in the same day.

**Other Services**

- Travel time for house calls
- Telephone calls-we currently only bill for those calls which are complex, or which substitute for and office visit, although this may change in the future with our notice.
- Computer-based searches of the medical literature
- Conference with other physicians or family members regarding your care.
- Review of outside medical records

There are a variety of other services, which may not be covered, and the list may be Medicare or ant may change the list other carrier at any time, but this will give you an idea of the services, which may not be covered.

Some insurance carriers may, at times not reimburse in full for services provided. These decisions are insurance company specific, and are based upon their own fee schedules and specific policy. Although New York Physicians will assist you by providing back-up documentation to your insurance company, you are ultimately responsible for services rendered. New York Physicians adheres to the Medicare fee schedule for participating providers and Medicare patients are responsible for deductibles and coinsurance applicable for Medicare covered services. However, Medicare patients who elect to have non-covered services are responsible for paying charges

Before signing the attached agreement, please discuss and concerns you may have with your physicians. By signing this agreement, you agree a to be directly and fully responsible for any charges that are not covered by your insurance, whether or not the services are covered explicitly in this agreement, and whether or not the services are deemed to be above the usual and customary charges, medically unnecessary or non-covered.

Read and Accepted \_\_\_\_\_

Date \_\_\_\_\_



**Elena S. Resnick MD**

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cresnick@newyorkphysicians.com

**Office Hours, Appointments, and Communications**

I generally see patients from 8am – 4pm. Please call as early as possible if you need to be seen the same day. The phone will be answered by one of our assistants between the hours of 8:30am and 4:30pm. After hours during the week or rarely if all assistants are occupied you will get a recorded message asking you to leave a message or press “zero” to be connected to the doctor on call through the paging system. If you use the paging system please leave a detailed message including your phone number and if you have not received a call back in 30 minutes please call again. For true emergencies please call the New York Hospital Private Ambulance Service if at all possible and ask to be transported to the NYH emergency room on 68<sup>th</sup> street and York Ave (212-472-2222). On the weekends there is a rotating on call doctor and the office message will have detailed instructions for reaching the doctor on call. All medication refills should be addressed during regular office hours.

You may fax (212-752-2454) the office or email me, however all urgent matters should be addressed over the phone. Also, fax and email are not HIPAA compliant and not a secure means of communication. By choosing to communicate with me via fax or email you acknowledge and accept the risk that your private health information may be compromised. To communicate electronically, please sign up for the New York Physicians Patient Portal where you may view your lab results and communicate with me securely, our assistants can give you information on how to do this.

**Annual and Follow-up Exams**

Annual Exams should occur once per year and will take at least an hour. You may schedule to have your annual lab work completed before the yearly exam so we can discuss the results on that day. You must be fasting for your annual exam so this is best done in the morning (you may drink water and take all of your regular medications). Follow up exams may be scheduled at any time. Appointments must be cancelled 24 hours in advance or a missed visit fee may be charged.

**Fees and Payments**

Please be sure to discuss in detail with the staff your insurance situation BEFORE your visit. If we do not participate with your insurance, you are expected to pay in full at the time of the visit and we will submit the claim to your insurance for reimbursement directly to you. Reimbursement is solely at the discretion of your insurance company. We do not participate with Medicare at all, and claims may NOT be submitted to Medicare for any reimbursement. If at all possible we will send you to participating centers for lab work, radiological studies etc.

Patient Name \_\_\_\_\_ Date \_\_\_\_\_

RECORDS RELEASE AUTHORIZATION

TO \_\_\_\_\_  
DOCTOR OR HOSPITAL

\_\_\_\_\_  
ADDRESS

I HEREBY AUTHORIZE AND REQUEST YOU TO RELEASE TO

**Elena S. Resnick, M.D.**  
**635 Madison Avenue**  
**7th Floor**  
**New York, NY 10022**  
**212 857-4598**

FAX: (212) 752-2454

THE COMPLETE HISTORY OF RECORDS IN YOUR POSSESSION, CONCERNING MY ILLNESS AND/OR  
TREATMENT DURING THE PERIOD FROM \_\_\_\_\_ TO \_\_\_\_\_

NAME \_\_\_\_\_ DATE \_\_\_\_\_

ADDRESS \_\_\_\_\_

SIGNATURE \_\_\_\_\_ WITNESS \_\_\_\_\_  
(IF RELATIVE, STATE RELATIONSHIP)